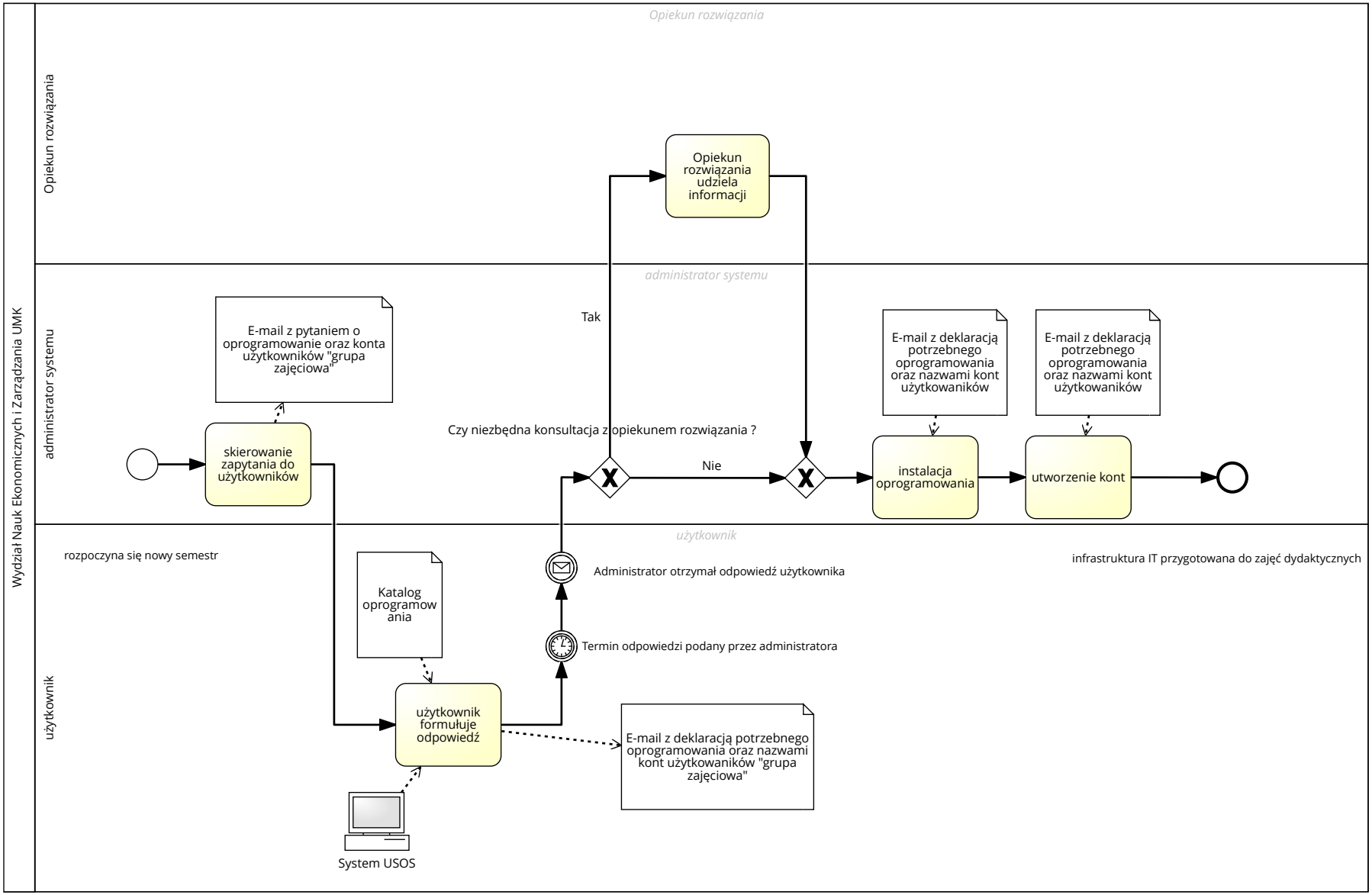Przygotowanie semestralne